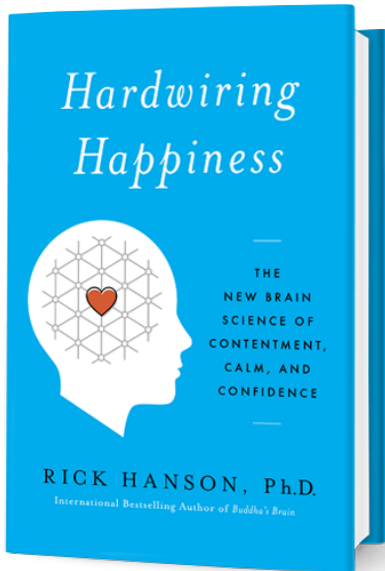


## ADDITIONAL RESOURCES



***Hardwiring Happiness: The New Brain Science of Contentment, Calm, and Confidence*** by Rick Hanson, Ph.D.

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